

LIMITS OF CONFIDENTIALITY

In general, the information you share in our counseling sessions will be held in confidence - that is, NOT told to another person. In some cases, however, information must be released to other people. For example:

1. If you share that you might harm yourself or another person; your parent(s) or guardian(s) and appropriate school personnel will be told. This includes things such as deciding to commit a serious crime, drug use which may lead to injury to yourself, plans to die by suicide, or any decision to run away from home. The priority is to keep you and others safe.
2. Any information about suspected child abuse and neglect must be reported to the Douglas County Department of Human Services for Children.
3. Your teachers, assistant principal and principal, may be given information to support your performance in the classroom. This may include things such as suggestions about how to improve behavior and/or grades, adjustments to help you learn better, etc. Specific things talked about in counseling will not be shared.
4. Your parents/guardians have a right to be told about your progress in counseling and things you have learned to do. They will also be encouraged to use the strategies you are learning at home.
5. Your mental health provider may ask for help from a colleague or his/her supervisor. These individuals follow the same confidentiality guidelines.

I understand these limits to confidentiality.

Student

Date

Counselor/Counselor Intern, Social Worker/Social Worker Intern, School Psychologist/School Psychologist Intern/Practicum Student